

B + BE POSITIVE

THINK CAN. YOU CAN IF YOU THINK YOU CAN.

"Whether you think you can or whether you think you cannot you are right." Henry Ford. *"Impossible is just an opinion."* Paulo Coelho. "He is able, who thinks he is able." Buddha. *"Success comes in cans, not cannots."* Joel Wheldon. *"Limits, like fears, are often an illusion."* Michael Jordan. *"You become what you think about all of the time."* Earl Nightingale. "What we think, we become." Buddha.

SEE GOOD. YOU SEE WHAT YOU LOOK FOR.

"What you see depends mainly on what you look for." John Lubbock. *"Every day may not be good but there is good in every day."* Unknown. "You see what you are thinking." Buddha. *"It is neither good nor bad but thinking makes it so."* William Shakespeare. *"If you count your assets you will always show a profit."* Robert Quillen.

BE KIND. EVERYTHING YOU DO COMES BACK TO YOU.

"Whenever possible be kind. It is always possible." Dalai Lama. "Be kind, for everyone you meet is fighting a hard battle." Plato. *"It is more important to be kind than to be right."* Unknown. *"One kind word can change someone's whole day."* Unknown.